

**Cylchgrawn Plwyfi Cydweli
A Llandyfaelog
Kidwelly & Llandyfaelog
Parish Magazine**



Y SANTES FAIR CYDWELI - ST. MARY'S KIDWELLY



SANT MAELOG LLANDYFAELOG - ST. MAELOG'S LLANDYFAELOG



SANT TEILO MYNYDDYGARREG - ST. TEILO'S MYNYDDYGARREG

October 2022

WHO'S WHO

ST MARY'S KIDWELLY **Lead Contact for St. Mary's:**

Canon Bryan Witt
Tel: 01554 891565
email: canonwitt@gmail.com

Sub-Wardens

Gareth Harries Cae'r Wenallt
01554 890 975
Simon White 4 Maes-y-Parc
01554 891512

Secretary Heather Davies
01554 891484

Treasurer

Diane Cuff
dianecuff@hotmail.com

Organist

Ceris Harries

Friends of St. Mary's

Mr I Hughes 01554 890682

ST TEILO'S, **MYNYDDYGARREG**

Lead Contact for St. Teilo:

Rev Roger Morley-Jones
Tel: 01554 890458
Email: revroger@btinternet.com

LMA Warden

Nefin Davies, Gelliwerdd
01554 890441

Sub-Warden

Jayne Roberts 68 Water Street
01554 891107

Organist

Jean Peace

ST MAELOG'S, **LLANDYFAELOG**

Lead Contact for St. Maelog:

Rev. Sian Wight
Tel: 01267 267 539

Email:
sianwight@btinternet.com

Sub-Warden

Rheinallt Jones Ystrad Ferthyr
01269 860385

Secretary

Kath Williams, 6 Bro Pedr
01267 267391

Treasurer – vacant

Organists

Lynwen Anderson 01267 267951
Carys Thomas 07791358245

MAGAZINE

Editor & Advertisements

Brenda Evans 01554890803
email: evans.d29@sky.com

Floodlighting Co-ordinator

Christine Hughes 01554 890235
email: mc.hughes2912@gmail.com

Kidwelly Reporter

Kath Nicholas 01554 891084

Mynyddygarreg Reporter

Dorian Reeve 01554 890213

Llandyfaelog Reporter

Rheinallt Jones 01269 869385

Magazine Treasurer


Kath Nicholas 01554 891084



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This month's Pastoral Letter is a Memorial Tribute to Her Majesty, Queen Elizabeth II *Canon Bryan Witt writes:*

Dear Friends

One of the hymns I am very fond of is Cecil Spring-Rice's words, 'I vow to thee my country.' Isn't that exactly what Her Majesty achieved throughout her long reign? A vow is a promise and we all make promises, probably every day in one form or another. But there are various levels of promises.

A vow is a promise at its deepest level. We all make vows – Baptismal Vows, Confirmation Vows, Marriage Vows, Ordination Vows and for the Sovereign, Coronation Vows. Surely all these vows are made with commitment and determination to be faithful to them. The Queen made a vow on her 21st Birthday to serve the country no matter how short or long her life might be. And she did!

Let's look at that short word VOW.

It begins with the letter V. V for voluntary. Her Majesty voluntarily accepted her calling as Sovereign. You may argue that she was born to that role, but of course she wasn't. The style of her reign was a choice she had to make for herself. She did so with a voluntary heart.

Much has been said of Queen Elizabeth's Christian faith. Her faith gave to her and to us a wonderful pattern of life. Before Jesus went to the Cross did he not say, "Not my will, but thine be done". In other words, Jesus went to the Cross voluntarily.

O, the second letter of VOW. O is for obedience. Her Majesty was obedient to her calling. I'm sure her life could have been very different if she had not been obedient to the duties of the Monarch. We have had many insights to the role of the Queen in these last days and I'm sure many of us in some circumstances might well have said, no way! Again, look at the pattern of Jesus. He knew far more than his parents yet he was obedient to them.

W, the third letter is Wisdom. We have heard from a number of past Prime Ministers how much they valued Her Majesty's wise counsel. She asked for wisdom at the beginning of her reign. That wisdom was achieved by experience but shared with concern and compassion.

Remember when Jesus was 12 years of age his parents took him to the Festival at Jerusalem. On their way home they realised he was not with them. On returning to the city they found him in the Temple discussing matters with the teachers. The passage in Luke 2 concludes with these words, "Jesus increased in wisdom and in stature" And why, because of his relationship with God his Father.



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I believe Queen Elizabeth's wisdom also grew out of her relationship with the living God to whom she was obedient and whose calling she voluntarily accepted.

We thank Her Majesty for the VOW she took and pray that we too Vow to serve as she has done.

Your Majesty, may you rest in peace and rise in glory.

St. Mary's News

St. Mary's Readers for 9.30am

October

2nd Mary Atkinson 9th Kath Nicholas Cymraeg Anna Brown

16th Edwin Atkinson 23rd Jean Giess

30th (5th Sunday) at St Teilo 11.00am

November

6th Angela Tonge

Sidespersons October

2nd Maureen James and Angela Tonge

9th Heather Davies and Liz Antoniazzi

16th Mandy Jones and Lynne Davies

23rd Kath Nicholas and Alec Flaherty

30th St Teilo

November

6th Ken Denman and Jeff Davies

Wednesday readers for St. Mary's 9.30am service -readings as Sundays unless stated otherwise

05/10/22 Brenda Evans 12/10/22 Kath Nicholas 19/10/22 Maureen James

26/10/22 Jean Giess 02/11/22 Brenda Evans

Flower List

2nd/9th October Kath Nicholas 5th October Wedding

16th/23rd October Maureen James

30th October/6th November Brynda Collins 4th November Wedding

Harvest

We welcome Rev. Jim Flanagan to St. Mary's as our Guest Speaker for our Harvest Festival on Sunday 2nd October at 9.30am.

This year, as our Harvest Thanksgiving, we will be collecting donations to give to our Ukrainian families living in Kidwelly and Mynyddygarreg. Your donations will be accepted by Gareth Harries, Brenda Evans, Canon Bryan Witt or may be left in the donations box at the back of St. Mary's. Closing date for this appeal is Sunday 9th October.



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Church Committee Report – A meeting was held on Tuesday 6th September in the Parish Room with Gareth Harries taking the Chair.

Secretary: Heather Davies has agreed to take on the role of Church Secretary.

Church notice board

Ceris reported that the design is now complete and it is in production

Easing of Covid Restrictions

Chalice – members not happy about re-instating use of the chalice, but we would seek guidance from the Archdeacon.

Re-opening church in daytime. It was agreed to open church only on the weekends for the time being.

Hand sanitisers would be kept in place.

Finance: Diane Cuff, Treasurer, reported that at the end of July we are just £382 in deficit however we have £5332 in our current account as of the end of July and a further £2989 of unrestricted funds in the Magazine account.

During July we received a legacy of £5000 from Margaret Wild's estate which has been placed in the Building Fund

In August a further payment of £4,000 was made to the Diocesan Board of Finance bringing our total ministry share contribution to £13, 870 of the £30,844.

Update on Interregnum

Trevor had retired on 31st August 2022. It was noted that we thanked him for his service and wished him better health in the future.

Parish Profile in hand.

Services – Ascension Day and Jubilee services had gone well. Clergy would meet to plan the next three months services.

There would be no Harvest Supper in St. Mary's this year.

Friends Raffle to be drawn on Wednesday 5th October in the Parish Room

Date of the next Church Committee meeting

Wednesday 7th December 2022 at 7.00pm in the Parish Room

St. Mary's Floodlighting

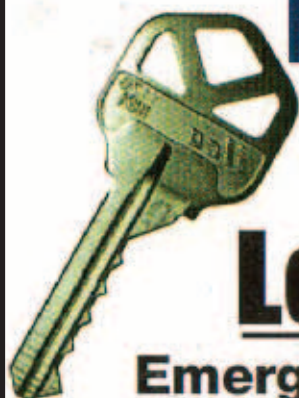
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13/10/22 To our special Mum,, Mair Morgan, 'Pontlottyn' on her 100th birthday. Penblwydd hapus Mam, ein holl gariad, Nicolette, Helen and Ian.

13/10/22 Happy birthday to you Mair, as you celebrate a very special occasion. Love and best wishes on your grand age of 100 years old. Maureen and family.

13/10/22 With every blessing Mair, on your 100th birthday.

Thanks A big thank you to Claire x, family, friends and neighbours. Your cards, gifts and flowers, made my 80th birthday in August such a memorable and happy time. Pearl Thomas.



G.G

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Branch News –

Our meeting will be on Wednesday 12th October at 2.00pm in the Parish Room. Our Guest speaker will be Sandra Jones who will speak on the topic of Holy Wells. This will be an open meeting so if anyone would like to come along, you will be most welcome.

HM Queen Elizabeth II

We join the world in mourning the death of Her Majesty Queen Elizabeth II. First and foremost a mother, grandmother and great-grandmother. Her majesty served our nation and the Commonwealth for 70 years with grace, dignity and unwavering commitment. Our thoughts and prayers are with the Royal Family at this time of national and personal grief.

A message from Sheran Harper, our World Wide President:

It is with deep sadness that I receive the news of the passing of our beloved Patron, Her Majesty The Queen. On behalf of the Mothers' Union members around the world, I join with the United Kingdom and the Commonwealth in offering our love and sincere condolences to the entire Royal Family and all those dear to her.

Her Majesty has had a long and extraordinary life in which she saw our world change dramatically. Yet Her Majesty's dedication and service to her country, the Church and Commonwealth remained steadfast and continued to be an inspiration to us all, keeping us together in all situations.

We give thanks to God for her being our Patron, for blessing her with special gifts for a life humbly dedicated to public service, her strong faith as she weathered many storms; her commitment and devotion to family life; and her great concern for communities and all people.

Her guidance and support of Mothers' Union over the decades has enabled us to achieve so much in impacting communities and touching lives. During times of ongoing war and turmoil around the world, she reminded us of the healing power of forgiveness, peace and reconciliation. This inspired us and encouraged us to work for harmony and good relationships among all people in our communities.

Her spirit of acceptance to change and transformation through the years and her ability to take others on the journey of change is testimony to her great strength as a leader and her faith in change that is inevitable. This outlook on life strengthened Mothers' Union members to embrace all opportunities of

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change and transformation that truly reflect the worldwide nature of our movement.

We will always remember her intelligence and humility in making wise decisions, her charm and sense of humour, and her sincere caring and gentleness. Hers was a life born to serve God and all humanity and her legacy live on in so many ways and in the hearts of all Mothers' Union members for generations to come.

On behalf of the Worldwide Board of Trustees, Staff and Members all around the world, we pray for the peaceful resting of Her Majesty's soul with the sure hope of her rising in glory.

And I am convinced that nothing can ever separate us from God's love. Romans 8:38a (NLT)

St. Luke's Day -October 18th - A day Mothers' Union remembers all Indoor Members.

This month we focus on healing, as we remember St Luke (18th October), who was a doctor by profession. The healing of the paralytic man by Jesus (Luke 5: 17-26) gives us some key principles for healing for our lives, as the man was lowered to Jesus through the roof!

Faith: It was the adventurous and persistent faith of the man's four friends that brought him to Jesus to be healed. Jesus was the focus of their faith, as they trusted His ability and willingness to transform the man's life. We are also called to such trust, exercising faith in a great God!

Wholeness: Jesus' first words are surprising, "*Friend your sins are forgiven*" (20). Before anything else, Jesus wants the man's relationship with God to be right. God wants to bring wholeness to our lives, including spiritual, emotional, relational, as well as physical healing. Often, He needs to deal with sin, hurt, unforgiveness, guilt or fear before physical restoration.

Authority: Jesus challenges the Pharisees with the question, "*Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk?'*" (23). By healing the man's legs, Jesus not only confirms that He has authority over sin and sickness, but that He is truly God. We can confidently bring all our needs to Him prayerfully '*in the name of Jesus*'.

'Almighty God, You called Luke the physician, whose praise is in the gospel, to be an evangelist and physician of the soul: by the grace of the Spirit and through the wholesome medicine of the gospel, give Your Church the same love and power to heal; through Jesus Christ Your Son our Lord, who is alive and reigns with You, in the unity of the Holy Spirit, one God, now and forever.' (Collect, Common Worship).

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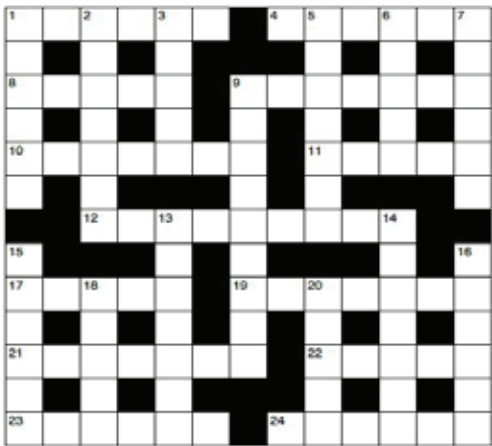
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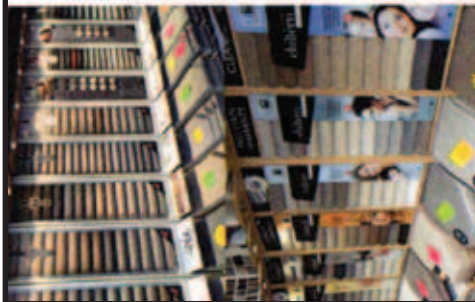
Crossword Clues (answers next month) Across

- 1 Tertullus, who presented the high priest's case against Paul in his trial before Felix, was one (Acts 24:1) (6)
- 4 As balm (anag.) (6)
- 8 Having explored Canaan, he and Joshua urged the Israelites to take possession of it (Numbers 13:30) (5)
- 9 On becoming king of Judah, he had all six of his brothers killed (2 Chronicles 21:4) (7)
- 10 'Even the — has found a home, and the swallow a nest for herself' (Psalm 84:3) (7)
- 11 Banishment(Jeremiah29:1)(5)
- 12 'And now I will show you the most — way'(1Corinthians12:31) (9)
- 17 'Titus did not exploit you, did he? Did we not —— the same spirit and follow the same course?' (2 Corinthians 12:18) (3,2)
- 19 Mice den(anag.)(7)
- 21 How Egypt is often described in the Old Testament: 'the land of — ' (Exodus 13:3) (7)
- 22 One of the first Levites to resettle in Jerusalem after the exile in Babylon (1 Chronicles 9:15) (5)
- 23 'As a sheep before her shearers is —,so he did not open his mouth' (Isaiah 53:7) (6)
- 24 Paul's birthplace(Acts22:3)(6)



Down

- 1 Ravenous insect inflicted on Egypt in vast numbers as the eighth plague (Exodus 10:14) (6)
- 2 Well-being (Philippians 2:20) (7)
- 3 Small piece of live coal or wood in a dying fire (Psalm 102:3) (5)
- 5 Sportsman or woman (2 Timothy 2:5) (7)
- 6 The original name of Abraham's wife (Genesis 17:15) (5)
- 7 'So in Christ we who are many form one body, and each — belongs to all the others' (Romans 12:5) (6)
- 9 According to Peter, a wife's beauty should not come from wearing this (1 Peter 3:3) (9)
- 13 'For God did not send his Son into the world to — the world' (John 3:17) (7)
- 14 'The Lord of heaven and earth...does not live in — built by hands' (Acts 17:24) (7)
- 15 'If your hand — you to sin,cut it off'(Mark9:43)(6)
- 16 Something like these fell from Saul's eyes as soon as Ananias placed his hands on him (Acts 9:18) (6)
- 18 Track(Job41:30)(5)
- 20 Religious doctrine(5)



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Town News

KIDWELLY SENIOR CITIZENS

At our September meeting, Bobbie gave us an update on our members who were unable to attend owing to illness, and we send them our very best wishes. Also Best Wishes to those celebrating birthdays this month. Bobbie thanked Joan Osborne for putting on a splendid tea and afternoon to celebrate her 100th birthday. It was a marvellous turnout by so many people to wish her special birthday greetings. In August we enjoyed a trip to Trago Mills and Cyfarthfa shopping park, plenty to see and buy, and everyone had a nice day out. Our next meeting will be on 5th October, 2pm at the Rugby Club.

A THANK YOU FROM JOAN OSBORNE

I would like to thank all the kind people, who despite my request not to, have given me a wonderful display of flowers, orchids, boxes of chocolates and many other unexpected lovely gifts for my 100th birthday. My most grateful thanks to you all. Joan Osborne.

Royal British Legion

The Kidwelly branch held its AGM on Monday 5th September with officers being re-elected to carry on their roles, with the exception of Melissa McFarlane becoming Vice-Chairperson. Chairman, Trevor Elliot thanked members for their support and hoped that the Poppy Appeal in November would be well-supported again. The branch would make every effort in the coming year to enlist more members, to be a visible presence in the community, trying to make contact with veterans now living in the town. Work has started on improving the Memorial Garden. Next meeting on Monday 3rd October at 7.30pm in the Old Borough Offices. A warm welcome to anyone who would like to join.

Members attended a commemoration service for H.M. Queen Elizabeth II in St. Mary's Church following her death in September.

If you have any items you'd like to share for the next magazine, articles should be with us not later than the 16th October 2022.

Tŷ Golau

It seems a long time ago now but before our Summer break, Jan teased us with quizzes on sport, items with a fishy connection, and Name That Thing. Each week we would also have a Memory Box full of objects to remember, and yes, we would eventually get the opportunity to give the answers but usually only after Jan had been prompted by at least one person in the audience reminding her that we had a Memory Box task to complete!

Our Summer break went all too quickly and at the beginning of September we found ourselves back at Canolfan John Burns Centre on a Monday morning,

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welcoming all the service users and their carers who were champing at the bit to get back to the sessions. Oh, it is lovely to be wanted so much! For the first session, Jan had put together a quiz about clichés. Considering the definition of a cliché is “a phrase ... that is overused and betrays a lack of original thought”, it was a surprise to us that there are so many still in existence. Still, the service users had us in fits of laughter as they suggested alternative endings to the beginnings that were projected onto the wall. The following week, Jan decided to take us on a whistle-stop tour of the world and, to emphasise the international feel of the session, all the volunteers dressed up in foreign costumes. The photo below shows what just a few of us were wearing. Besides examples from Egypt, Arabia, France and the Far East, we had representatives from Africa and Hawaii. Jean took her portrayal one step further – as she was wearing a Hawaiian grass skirt, she entertained us all with a hula dance for which she quite rightly received a rousing round of applause! Rest assured that the onions Elaine was carrying in her attempt to impersonate a



French man were wrapped in clingfilm so the room didn't get at all pongy. Her moustache was so life-like that one of the carers approached her and advised her that beauty salons had treatments to deal with it! Who knows what treats Jan has in store for us in the future? If you have memory problems, why not join us on a Monday morning and find out! Elaine Morrisroe, Publicity Officer

Friends of St. Mary's Church



Would you be interested in becoming a Friend

Friends of St. Mary's are attempting to contact people who have either a connection with the Church or would like to support its work. The minimum annual subscription of £15

Anyone can become a Friend. In particular we have thought of people who no longer live in the locality but who have had some previous contact with the Church through family links such as baptisms, weddings or through the burial of relatives in the Churchyard.

The Friends would also like to aim this part of our appeal to those who do not necessarily share our faith, but who, for a variety of reasons, might wish to be associated with St. Mary's.

If you are interested in becoming a Friend or want more information, contact: Chairman: Mr. I Hughes 01554 89-682 or Publicity Officer Mrs. Christine Hughes 01554 890235

Newyddion St. Teilo News

Over 50's Club

Our September meeting took the form of general business and discussions. It was agreed for members to meet for lunch at the Sandpiper on the 21st of September, and that social event was very enjoyable. Our outing for October will be a visit to The Mumbles on Wednesday the 26th with the coach picking up at 11.00am. A warm welcome for friends to join us, please ring Marian on 890187. Our Christmas lunch will be at The Three Rivers Hotel Ferryside on Wednesday the 7th of December 2022. Refreshments were served by sisters Ann Moon and Christine West, the bingo was won by Sheila Thomas and the raffle by Margaret Hill. We wished a Happy September Birthday to Pearl Rowland our vice-chair. Our next meeting will be on Wednesday the 5th of October 2022 at 2.00pm

Neuadd Mynyddgarreg's Annual Family Halloween Party will take place on Friday 28th October from 6.30pm onwards. This is a fun-filled, action-packed games night with competitions and prizes for all the family, whatever age.

There will be Music, Hot Dogs, Sweet Shop and Refreshments on sale. Come along in your most gruesome costume and enjoy a spooky night.

The Annual Fireworks Display will be on Saturday 5th November.

Celebrating 50 years in the Ministry in September is The Venerable Randolph Thomas. Having started his duties in Cydweli and areas as Curate, his service has been spread far and wide and those Parishes have benefited greatly. Officiating faithfully at the monthly Gwasanaeth Cymraeg in St Mary's, his willingness is greatly appreciated. Ein diolch a dymuniadau gorau.

Congratulations on their Marriage to Manon Gravell and Steffan Mitchell. The couple were married at Capel Horeb in August. Manon is the daughter of Mrs Mari Gravell and the late Mr Raymond Gravell of Brynhyfryd. We wish them a long, happy and healthy life. Llongyfarchiadau i'r ddau, gan ddymuno bywyd o hapusrwydd ag iechyd.

Capel Horeb celebrate their Harvest Thanksgiving on Tuesday 11th October at 7.00pm. Guest Preacher will be the Parchedig Gwyn Elfyn. A warm welcome is extended to everyone to join in this Service.

Many Congratulations to all at KAMPS for a very successful and entertaining production of 'Wind in the Willows' performed at the Neuadd in September. From the acting, stage presentation and costume, it was a well-produced show with an appreciative audience who very much enjoyed. We look forward to their next production.

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Clwb Gwawr North Wales branches recently visited our Town and Village as part of their anniversary celebrations recently.

They visited the monument of Princess Gwenllian at the Castle where, they also met our Hen Fenyw Fach Cydweli, aka Peggy, who came out of retirement to meet with them and sell her ' Losin Du '. They then visited Trinity Church for the fantastic Knitted Bible Display and finished with a visit to Mynyddygarreg to view the Ray Gravel Cofeb. The two coachloads thoroughly enjoyed the whole visit.

Condolences are extended to family and friends of the late Jennifer Denman who passed away in August. Born at 6 Siding, Jennifer later lived in Cydweli. A faithful worshipper at Eglwys fach Sant Teilo, her presence has been and will be, sadly missed. The funeral was held at Llanelli Crematorium with the Venerable Randolph Thomas and the Rev. Roger Morley-Jones officiating, with the ashes being interred at St Mary's Church. Atgofion melyn am Jennifer, ac wrth i ffrindiau i gyd yn yr Eglwys fach, ' Cwsg yn dawel, annwyl Jen '.

Ysgol Mynyddygarreg

Apologies for the previous school news being late. The new school term started back on the 5th of September and it was lovely to see everyone again. There were lots of new faces and we give them a big warm welcome. The first week back was busy with the children being creative for the Llandyfaelog show competitions.

The foundation phase children had a trip around the local area and went to meet the foreman of the Short Bros new site who showed them how houses are built! This is to do with their theme this term which is Pop!Bang!Whoosh! So they are looking at the familiar story of The Three Little Pigs. On Tuesday 14th September, the school celebrated Roald Dahl day and everyone dressed up as their favourite character.

At the end of September we will be holding our AGM for school PTFA if anyone has any ideas for our fundraising or would like to contribute towards our Christmas Raffle please email bridgetowen1@outlook.com or phone 07890907860 Thank you

Trinity Church –

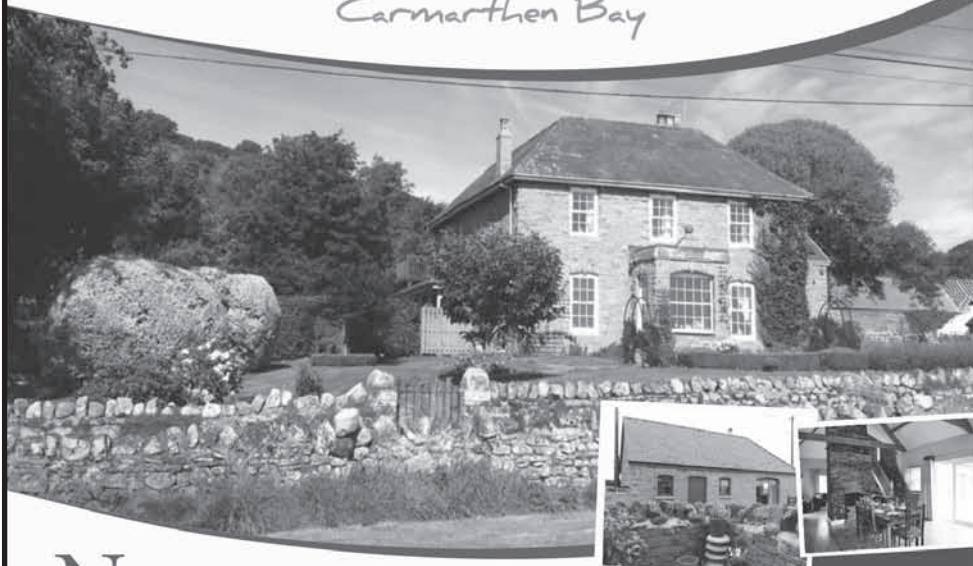
Shoebbox Appeal for Romania, Moldova, Ukraine, Bulgaria

Please bring donations to Trinity Methodist Church, Kidwelly any Wednesday morning between 9 and 11.30am and by the end of October.

If unsure of contents a list is available at Trinity. Thank you for your support for this very worthy appeal.



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31st October – All Hallows Eve or Holy Evening

Modern Hallowe'en celebrations have their roots with the Celtic peoples of pre-Christian times.

In those long-ago days, on the last night of October, the Celts celebrated the Festival of Samhain, or 'Summer's End'. The priests, or Druids, performed ceremonies to thank and honour the sun. For there was a very dark side to all this: Samhain also signalled the onset of winter, a time when it was feared that unfriendly ghosts, nature-spirits, and witches roamed the earth, creating mischief. So the Druid priests lit great bonfires and performed magic rites to ward off or appease these dark supernatural powers.

Then the Romans arrived, and brought their Harvest Festival which honoured the Goddess Pomona with gifts of apples and nuts. The two festivals slowly merged.

When Christianity arrived still later, it began to replace the Roman and Druid religions. 1st November – All Saints' Day – was dedicated to all Christian Martyrs and Saints who had died. It was called 'All Hallows' Day'. The evening before became an evening of prayer and preparation and was called 'All Hallows' Eve', The Holy Evening, later shortened to 'Hallowe'en'.

For many centuries, however, fear of the supernatural remained strong. During the Middle Ages, animal costumes and frightening masks were worn to ward off the evil spirits of darkness on Hallowe'en. Magic words and charms were used to keep away bad luck, and everybody believed that witches ride about on broomsticks. Fortune telling was popular, and predicting the future by the use of nuts and apples was so popular that Hallowe'en is still sometimes known as Nutcrack Night or Snap-Apple Night.

Today, Christians have learned to turn to prayer instead of charms to overcome the powers of darkness. And the deeper, true meaning of All Hallows' Eve, should not be forgotten. As Christians, we all draw closer to Christ when we remember and give thanks for our loved ones and for others who have gone before us through the gates of death.



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Newyddion St. Maelog News

Afternoon Tea

On the 21st of August the community came together at Llandyfaelog village hall for an informal afternoon tea. Thank you very much to all church members for preparing and ensuring the day ran smoothly and to all that attended for your support that made it a very successful day. £1463.10 was raised towards the church funds. Diolch yn fawr i chi gyd!

Llandyfaelog Show returned to full swing on Saturday 10th of September in glorious sunshine. Many church members competed in a variety of competitions. Congratulations to you all on your successes.

A quiz night has been organised in Llandyfaelog Hall on the 21st of October. Proceeds will be shared between Paul Temple's Luhimba project and the village hall. If you require any further information contact Shan Rees.

The Carmarthenshire Eisteddfod local appeal committee are holding a concert at Penygraig Chapel on Sunday 16th of October and a Fashion Show by Nanette from Kidwelly and Calon Mam children's wear on Friday 28th October in Llandyfaelog Hall. If you would like tickets for either event please contact Carys or Llinos Ystradferthyr.

Harvest

Reminder, our harvest thanksgiving service followed by a harvest supper will be held on Thursday September 29th. Warm welcome to all.

Readers:

| | |
|----------------------------|-------------------------|
| 2nd Oct -Sarah Walters | 9th Oct - Mary Atkinson |
| 16th Oct - Rheinallt Jones | 23rd Oct - Helen Davies |

Flower list

| | |
|--|---|
| October 2 nd Gillian George | October 9 th /16 th Eirena Davies |
| October 23 rd /30 th Lynwen Anderson | November 6 th /13 th Carys Thomas |

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Winter Challenge for Ukrainians

Eight months since Russia's invasion, Christian Aid is warning that millions of Ukrainians face a bleak winter in temporary shelters and damaged homes.

Christian Aid is working hard to help Ukrainians get through the cold months, when temperatures can plunge to -20C.

Alongside its local partners and other charities, the programme for winter includes insulating shelters, restoring toilet and shower blocks, and handing out cash, food, blankets, toiletries and other essentials to support 57,000 people.

Christian Aid CEO Patrick Watt said:

“Thanks to the unprecedented generosity of the British people, Christian Aid is helping local people to take the lead in tackling their own priorities. But with disrupted power, freezing temperatures lie ahead for conflict-hit Ukrainians already struggling with trauma and a lack of medical treatment. We must do more, and quickly.

“One helpful measure would be for the Ukrainian government to lift the tax on humanitarian aid. We urge the UK government to use its relationships in Kyiv to achieve this. We want to complement state activities – not replace them.”

Christians against Poverty 16th October

Everyone is feeling a bit poorer this autumn as the cost-of-living spirals upwards at an alarming rate. For people who are already in financial difficulties, the cost of living will probably be at crisis point already.

And so, Christians Against Poverty (CAP) says: “It's more vital than ever that the Church shines God's love brightly in the darkness. You can do this by signing up to hold a CAP Sunday service this year, and by equipping your church to respond to your community's needs, bringing hope in the midst of pain and helplessness.”

The theme this year is ‘lament to hope’. And CAP is certainly bringing hope to thousands of people. In 2021 it counselled 13,452 people in desperate need, and helped 1,877 people become completely debt free. CAP also provided 1,091 families in critical need with emergency support.

CAP can provide a revealing insight into the reality of UK poverty, and offer ideas of how local Christians and churches can respond to some of the needs in their area.

CAP says: “We see local churches becoming beacons of hope and light in their communities. We're so proud of our partnership with local churches. It's because of them we can run services that give people the tools to break free from poverty. And it's because of them we can offer emergency support to those in urgent need of essentials like food and heating.”

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Parish Readings for October (with Red Lectionary pages)

2nd October Trinity 16/Harvest

Eucharist: Habakkuk 1.1-4;2.1-4; Psalm 37.1-9; 2 Timothy 1.1-14; Luke 17.5-10 (p1005)

Harvest Eucharist: Deuteronomy 26.1-11; Psalm 100; Philippians 4.4-9 or Revelation 14.14-18(p1165)

Evening Prayer: Harvest readings: Psalm 150; Sirach 39.16-27, 32-35; John 4.7-21 **Reader: Ted Rowlands**

9th October Trinity 17

Eucharist: 2 Kings 5. 1-3,7-15c; Psalm 111; 2 Timothy 2.8-15; Luke 17.11-19 (p1011)

Evening Prayer: Psalm 144; Nehemiah 6.1-16; John 15.12-27

Reader: Jenny Jones

16th October Trinity 18

Eucharist:Genesis 32.22-31; Psalm 121; 2 Timothy 3.14-4.5; Luke 18.1-8 (p1016)

Evening Prayer: Psalm [146;] 149; Nehemiah 8.9-18; John 16.1-11

Reader: Kath Nicholas

23rd October Last Sunday after Trinity/Bible Sunday

Eucharist: Sirach 35.12-17 or Jeremiah 14.7-10,19-22; Psalm 84.1-7; 2 Timothy 4.6-8,16-18 (p1023)

Evening Prayer: Psalm 119. 1-16; Ecclesiastes 11, 12; 2 Timothy2.1-7

Reader: Brenda Evans

30th October 1st Sunday of the Kingdom (5th Sunday in St. Teilo)

Observing All Saints

Eucharist: Daniel 7.1-3,15-18; Psalm 149; Ephesians 1.11-23; Luke 6.20-31 (p1039)

No Evening Prayer

6th November 2nd Sunday of the Kingdom

Eucharist: Job 19.23-27a; Psalm 17.1-8,[9]; 2 Thessalonians 2.1-5,13-17; Luke 20.27-38

Evening Prayer: Psalm 40; 1 Kings 3.1-15; Romans 8.31-19

Reader: Ted Rowlands



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October 4th St. Francis – a Life of Simplicity

Just about the only thing most people know about Francis of Assisi is that he talked to the birds. Church-goers also know the popular hymn based on his famous prayer, ‘Make me a channel of your Peace’, which was sung at the funeral of Princess Diana.

However, Italy’s patron saint, whose feast day is this month (the 4th) was a more complex, and some would say controversial character. His life spanned the end of the twelfth and beginning of the thirteenth centuries. He was born into a very wealthy family, but after what he called his ‘conversion’ standing before a crucifix, he renounced all his possessions. In fact, he stripped himself of his of his wealthy garments in a public square in his home-town, Assisi. For the rest of his life he and his followers, including his feminine counterpart St Claire longed, prayed and worked for a life of simplicity – a lifestyle without luxury or privileges. For the Franciscan brothers and the Poor Claires, this meant no private possessions at all. Francis saw that many poor people without these things, actually seemed to live happier and more fulfilling lives than the ambitious rich. He spoke of a simple life not shaped by money or power but by love and mutual concern. As his hymn says, ‘it is in giving of ourselves that we receive’.

Of course, poverty; in our modern western world is seldom a matter of blissful simplicity, as present-day Franciscans recognise. For too many it is a matter of poor diet, over-crowded rooms, rough sleeping and unemployment. The call of today’s followers of Francis and Claire is that those who are better-off should ‘live more simply, so that others can simply live’. Christians follow a Master who said that he came with ‘good news for the poor’. They believe that many of us today can be that good news.

Smile-Lines:

A prayer for McDonald’s

As my five-year-old son and I were heading to McDonald’s one day, we passed a car accident. Usually when we see something terrible like that, we say a prayer for whoever might be hurt, so I pointed and said to my son, “We should pray.”

An instant later a fervent prayer was heard in the back seat. “Dear God, please don’t let those cars block the entrance to McDonald’s.”

Hymn or maths?

A father had taken his small son to church. The boy listened attentively without saying a word until the clergyman announced: “We will now sing hymn two hundred and twenty-two: ‘Ten Thousand Times Ten Thousand’, two hundred and twenty-two.”

Alarmed, the little boy nudged his father. “Do we have to work this one out?”



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Rev. Jo White continues her Reflecting Faith series: the Cross in our churches:

I recently read a web article which was wondering if Christians actually need a 'cross' in our church buildings; or indeed if they were unhelpful in our worship. The major argument against having one, it seems, was that it could become the focus of our worship, and it is not okay to worship idols.

To me this argument is nonsensical. The cross is a graphic reminder of what Jesus Christ has done for us in His death. No one in their senses would dream of worshipping a cross itself, as it was the most humiliating and debasing form of capital punishment – it was a means of gruesome execution.

Christians use crosses in churches to remind people of just how far Jesus was prepared to go to rescue us from what St Paul called 'the dominion of darkness'.

So this Sunday, why not have a look around your local church building, and count how many crosses there are?

I would expect there to be 'hidden' crosses where the building was consecrated, and also under the altar itself. There will also be various paperwork, service books, sheets and hymnals which all have the sign of the cross on their covers. Perhaps you have candle holders with crosses sculptured into them. And in most Protestant churches you will see a cross on or above the altar table itself. Many processions of choir and clergy will be led by a raised cross-bearer. And in churches where the Bible is processed into the nave for reading during a service, a cross is also carried.

People turn to face these processions as they travel without necessarily understanding which part they are facing: the Cross, the Bible or the Person?

The answer is – we follow the Word of God – the Bible – *not* the cross.

The same is true in any procession. We stand to honour the clergy in their role as Christ's servants, not the cross which may be held aloft before them.

This month

Have a look around your church building – both inside and outside for crosses. What materials are they made from? How extravagant or glamorous are they? Are they Crosses (an 'empty' cross) or Crucifixes (this has a representation of Christ hanging on the cross)?

How do they aid you in your worship and how much do they reflect your faith?



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My dear Nephew Darren

After all these years, who would have believed it: to have my own book printed! I must admit, I had imagined a leather-bound volume with gold leaf lettering on the spine – perhaps even titled ‘Volume One’, implying future delights when further work would appear. A paperback, held together with glue was a slight disappointment. The publisher’s reason for a print run of 50, saying that it meant fewer would have to be dumped in cut-price bookshops, was not what I had expected either.

He seemed to think that my commentary on Eusebius’s tables for cross-referencing the gospels, as explained in his letter to Carpianus, would not have mass interest. While I concede it will be unlikely to dent the sales of Harry Potter, and that I am unlikely to be involved in negotiating the film rights, I had hoped for slightly more enthusiasm for this stride forward in global knowledge. The excitement of the book launch and signing was also tempered when only the bishop arrived, expecting a free copy, so he could mark it for theological errors. My suggestion that he take a copy to colour it in did not go down well. I suspect I will not now be asked to deliver a paper on it at the next clergy conference.

I was briefly excited when several parishioners came into the shop. But it turned out that one wanted to book a baptism with me, and another wanted to complain that at his recent wedding, I had nearly married the best man to the bride. I was tempted to tell him that the time may come when he wished that I had, but decided that would be another sale lost.

I could not even console myself with a free drink. The publisher had only brought two bottles of that particular white wine, of unknown origin, that seems specially reserved for book launches and retirement parties. I suspect it derives less from a vineyard and more from a laboratory. One bottle he kept for himself and the other disappeared after my Confirmation class came in to ask whether the book would be serialised on TV.

In the end, I bought all 50 copies myself, placed a note in the bookshop window saying that, due to exceptional demand, the print run had been entirely sold out. It has also solved the annual problem of Christmas presents; in your case, a second copy will probably arrive for your birthday too.

Your loving uncle, Eustace

Jason Williams Removals

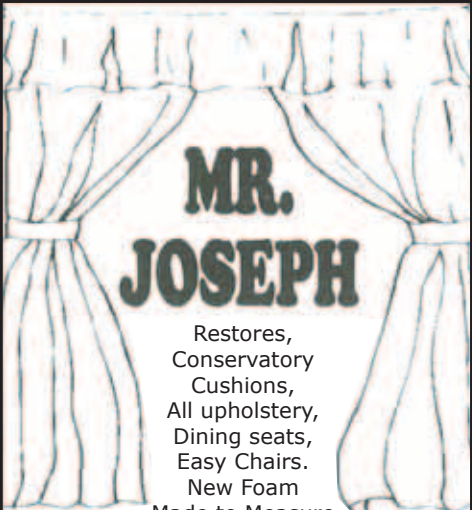
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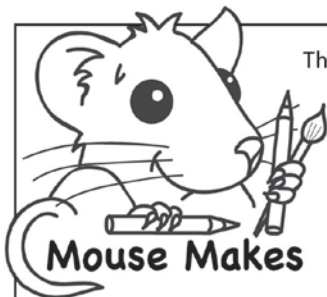
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How many people does Paul send greetings to at the end of his letter to the Romans?
.....

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Which are the longest epistles?
.....
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Gower 01554 890670

Schools

Ysgol-y-Castell 01554 890762

Ysgol Gwenllian 01554 890523

Ysgol Mynydd-y-Garreg 01554 810670

Glan-y-Mor Comprehensive School,
Burry Port 01554 832507

Youth

1st Kidwelly Scouts - Shan Cheesman
01267 267620 or 07790117904

St. Ishmael's and District Young
Farmers Club 01554 890266

Youth Council – Jeanette Gilasbey
01554 892729

Senior Citizens

Llandyfaelog Senior Citizen Association
Mrs. Maureen Howells 0127 223768

Mynydd-y-Garreg Senior Citizens
Marian Lewis 01554 890187

Kidwelly Senior Citizens Association:
Mrs. Bobbie Hope, 01554 890520

Kidwelly Welfare Committee: Mrs.
Helene Cresser 01554 890550

Other Organisations

Ail Gyfle: Mr. Gethin Davies
07811207200

Cor Meibion Dyffryn Tywi: Mr. Derek
Rowlands 01269 860996

Country Cars: Mrs. E. Nicholson
01554 890188

Kidwelly Civic Society &
Kidwelly Town Forum: Mr. Malcolm
MacDonald 891090

Kidwelly Industrial Museum: Jeanette
Gilasbey 01554 892729

Police: 0845 3302000

Mothers' Union: Mrs. Pearl Rowland
01554 890578

Royal British Legion: Trevor Eliot
07807710699

Ty Golau: Janet Lewis 01554 890896
WI President: Nannette Jones 01554
890206

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September 2022

St Mary's, Kidwelly

02/10/22 Trinity 16/Harvest
9.30am Choral Eucharist
5.00pm Evening Prayer
05/10/22
12 noon Wedding
06/10/22
5.30pm Epic Explorers – Parish Room

09/10/22 Trinity 17
9.30am Choral Eucharist
11.00am Cymun Bendigaid
5.00pm Evening Prayer

12/10/22
2.00pm MU in the Parish
Room– Holy Wells

13/10/22
5.30pm Epic Explorers – Parish Room

16/10/22 Trinity 18
9.30am Choral Eucharist
5.00pm Evening Prayer

20/10/22
5.30pm Epic Explorers – Parish Room

23/10/22 Last Sunday after Trinity
9.30am Choral Eucharist
5.00pm Evening Prayer

27/10/22
5.30pm Epic Explorers – Parish Room

30/10/22 1st Sunday of the Kingdom
11.00am 5th Sunday – United
Service in St. Teilo Bilingual Eucharist

03/11/22
5.30pm Epic Explorers – Parish Room

06/11/22 2nd Sunday of the
Kingdom
9.30am Choral Eucharist
5.00pm Evening Prayer

Wednesdays at 9.30am
Holy Eucharist with prayers for healing

Services October 2022

St Maelog's, Llandyfaelog

02/10/22 Trinity 16
11.15am Eucharist
09/10/22 Trinity 17
11.15am Boreol Weddi
16/10/22 Trinity 18
11.15am Eucharist
23/10/22 Last Sunday after
Trinity

11.15am Eucharist
30/10/22 1st Sunday of the
Kingdom

11.00am 5th Sunday United
Service in St. Teilo Bilingual
Eucharist

06/11/22 2nd Sunday of the
Kingdom
11.15am

St Teilo's, Mynyddygarreg

02/10/22 Trinity 16
Harvest in St. Mary's

16/10/22 Trinity 17
11.00am Bilingual Eucharist

30/10/22 1st Sunday of the
Kingdom

11.00am 5th Sunday United
Service Bilingual Eucharist

06/11/22
11.00am Bilingual Eucharist